

01

ENGSPRESSO
EPISODE 01



vocabulary 1



01

I. Fill in the blanks with the expressions that you learned in EPISODE 01.

1. Could you me a and pick up the parcel from the parcel locker?
2. When he was a child, he ran for his grandma.
3. I did her a and she didn't even thank me for that!
4. I've been all day – I'm exhausted!
5. She doesn't like asking friends to do her
6. Running is not his cup of tea (= sth that he likes).
7. He's never done any for me.

II. Translate the sentences below into English.

1. Nie lubię, kiedy inni ludzie wyświadczają mi przysługi, więc zawsze sam(a) załatwiam swoje sprawy.
2. On często chce, żeby inny wyświadczali mu przysługi.
3. Poprosiłam przyjaciółkę, żeby załatwiła dla mnie kilka spraw na mieście.
4. Załatwianie spraw bardzo ją męczy.
5. Nigdy nie wyświadczę ci żadnej przysługi!

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vocabulary 2



01

I. Match the words from EPISODE 01 with their definitions.

- | | | |
|--------------------------|-----------------------|--|
| brush up on sth | <input type="radio"/> | 1. to use your abilities for the first time in your life to do new and exciting things |
| come up with sth | <input type="radio"/> | 2. extremely tired |
| commute | <input type="radio"/> | 3. full of activity, or very busy and fast |
| encourage | <input type="radio"/> | 4. surprisingly short in a way that is pleasing |
| exhausted | <input type="radio"/> | 5. the time while something else is happening |
| find out | <input type="radio"/> | 6. to be clear and easy to understand |
| hectic | <input type="radio"/> | 7. the need to move or do things more quickly than normal |
| hurry | <input type="radio"/> | 8. to complete something successfully or to finish doing something |
| in the meantime | <input type="radio"/> | 9. to continue to do something, or to do something again and again |
| keep on doing sth | <input type="radio"/> | 10. to discover information or a fact |
| make sense | <input type="radio"/> | 11. to improve your knowledge of something already learned but partly forgotten |
| on the fly | <input type="radio"/> | 12. to make the same journey regularly between work and home |
| short and sweet | <input type="radio"/> | 13. quickly, often while you are doing something else |
| spread your wings | <input type="radio"/> | 14. to suggest or think of an idea or plan |
| wrap sth up | <input type="radio"/> | 15. to talk or behave in a way that gives someone confidence to do something |



vocabulary 3



01

I. Fill in the blanks with the words/phrases from *vocabulary 2*.

1. Our manager that she had secretly shredded some of our most important documents.
2. We left in such a that we forgot to lock the front door.
3. He wants to get away from the pace of London.
4. She to work by train every day.
5. It to start saving money instead of spending it on fancy clothes.
6. His morning presentation was and
7. Shirley wants to be an actress, but she's working as a hotel receptionist.

II. Translate the sentences below into English by using the words/phrases from *vocabulary 2*.

1. Zachęcam was do zrobienia wszystkich tych ćwiczeń.
2. Przeczytałam ten artykuł przy okazji, kiedy jechałam autobusem.
3. Wpadliśmy na ten pomysł kilka dni temu.
4. Poprosił, żebyśmy zakończyli to spotkanie.
5. Ta praca pomoże ci rozwinąć skrzydła.



writing

PRACTICE MAKES PERFECT



01

Answer the questions below. If you don't have an answer, use your imagination!
It doesn't have to be true, you know ;-)

**When was the last time when
you did something in a hurry?**

**How do you usually commute
to work or university?**

**What do you usually do on the
fly when you travel?**

**Has someone or something ever
helped you spread your wings?**

**What are your least favourite
errands?**

**Do you like living at a hectic
pace? Why / why not?**

**How would you encourage
someone to listen to podcasts?**

**What is the best idea that you
have ever come up with?**

**What is something that you
have brushed up on lately?**

**When was the last time when
you felt exhausted?**



listening

01

Read the questions below, then listen to EPISODE 01 again and take the test. Always try to choose the most accurate (correct) answer based on what I said. If needed, listen to the episode a few times. Good luck!

1 Where does the idea for ENGSPRESSO come from?

- a my observations in Italy
- b my stay in England
- c my imagination
- d my students

2 What did I say about your progress in English?

- a there's none if you don't practise
- b it's the most motivating factor
- c you should make it soon
- d you'll make it on the fly

3 What will ENGSPRESSO episodes be like?

- a short and salty
- b short and sweet
- c short and tasty
- d short and digestable

4 I hope that with my podcast you will...

- a learn new skills
- b improve your English grammar
- c improve your English faster
- d learn vocabulary with pleasure

5 How can you remember English phrases/expressions better?

- a by reading my examples
- b by practising them aloud
- c by listening to the podcast
- d by creating your own context

6 How often will I try to publish ENGSPRESSO episodes?

- a from time to time
- b every one or two weeks
- c on a regular basis
- d I didn't say



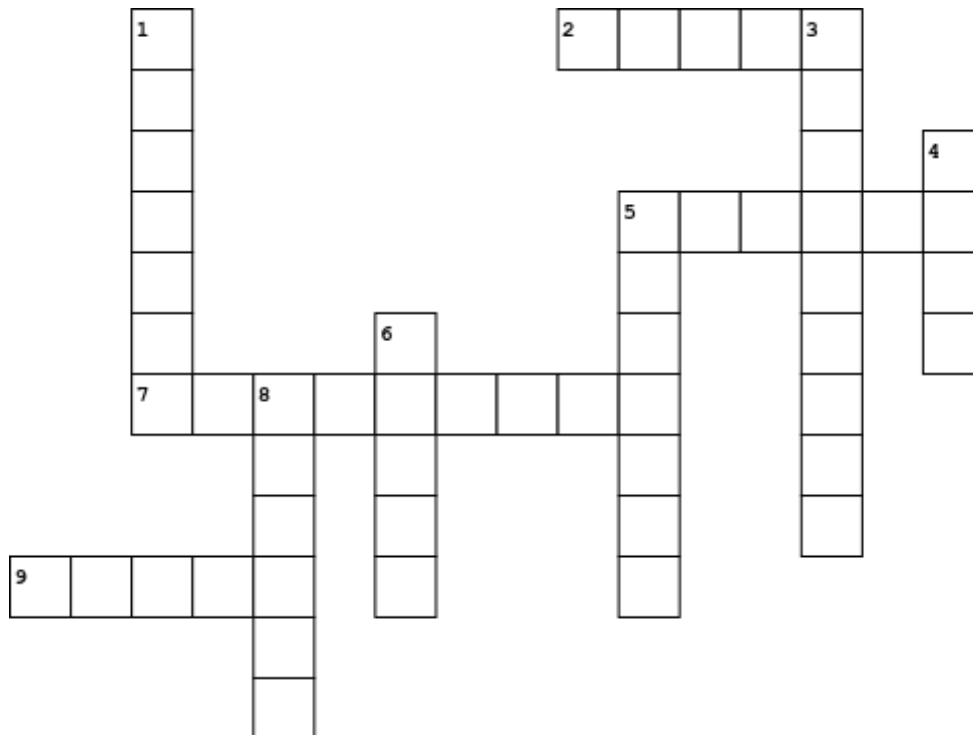
crossword

REVISION CAN BE FUN!

01



Do the crossword by using the words from EPISODE 01.



ACROSS

- 2. when something is clear and easy to understand, it makes
- 5. a kind action that you do for someone
- 7. extremely tired
- 9. when something is surprisingly short in a way that is pleasing, it's short and

DOWN

- 1. to make the same journey regularly between work and home
- 3. to talk or behave in a way that gives someone confidence to do something
- 4. when you complete something successfully or finish doing something, you it up
- 5. to discover information or a fact
- 6. the need to move or do things more quickly than normal
- 8. full of activity, or very busy and fast

